

Abbreviations used in the TSD routebook:

R – right

L – left

Stop/Yield – stop sign, yield sign

T – T junction

TS – traffic signal (we don't use TL for traffic light to avoid confusion with "turn left")

KR/KL – Keep Right, Keep Left – stay on the main road at a fork, clarifying which side is the main road)

BR/BL – Bear Right, Bear Left – leave the main road at a fork, generally less than 90 degrees

AR/AL – Acute Right, Acute Left – leave the main road at fork tighter than 90 degrees

Hairpin R/Hairpin L – hairpin bend in the road

Hard R/Hard L – tight bend in the road, not as tight as a hairpin (i.e. the road bends, not a turn onto a different road)

SOR/SOL/SSA – Sign on Right, Sign on Left, Sight Straight Ahead – sign with the specified text

MBCU – May be considered unnecessary – used to indicate that you would have gone the right way without this instruction. This could be a very grotty side road or anything else where staying on the main road would be obvious. These instructions are generally included to provide a distance reference, or to clarify something else (e.g. KL MBCU at some grotty trail, then 200m later there might be a BR onto a more reasonable road, so the MBCU instruction helped you not turn down the grotty trail.)

RRX – railroad crossing

EOS – end of section – this is where you zero your odometer for the next section.

CG – cattleguard

Caution – some hazard that you may need to slow down to avoid. There will be no checkpoints close to caution instructions, so you necessarily have time to slow down and evaluate the hazard.

CAS – change average speed (e.g. "CAS at distance" means there is no physical reference, just change speed at the specified odometer reading)

Pause – Add the specified time to your calculation, to give you time for something. Most commonly for stop and yield signs. You don't need to sit still for that time – e.g. pause 10 seconds at a stop sign means you need to lose a total of 10 seconds between braking for the stop, checking for traffic and accelerating back to your average speed.

SC – surface change (e.g. to gravel, or back to pavement)

SOR "60 km/h" – In general, these always refer to posted speed limit signs, not the advance sign with the arrow, and not speed advisory signs, unless specified otherwise.

Exp R/Exp L – Exposure Right, Exposure Left – a significant drop-off on the side of the road